

C521u UPRIGHT CYCLE

C521u Cycle



| PROGRAMS |
|-------------------------------|
| Hill (x3) |
| Interval (x2) |
| Manual/Track |
| Random (x10,000) |
| Weight Loss HRC |
| Cardio HRC |
| ZoneTrainer™ – Custom HR |
| Quick Start |
| 4 User IDs |
| FEEDBACK |
| WATTS |
| Speed |
| Calories |
| Calories per hour |
| RPM |
| Distance |
| Time |
| Resistance Level |
| Heart Rate |
| Target Heart Rates |
| DISPLAY |
| Dot matrix with LEDs |
| Programmable without pedaling |
| ActivZone™ icon |
| Touch-N-Go™ programs |

| ADVANCED FEATURES |
|---------------------------------------|
| Fore and aft seat adjustment |
| Low profile shroud for easy access |
| Multi-position handlebars for variety |
| MAX USER WEIGHT |
| 400 lbs. |
| POWER SUPPLY |
| Self-generating with 2 min backup |
| HEART RATE TOOLS |
| CardioAdvisor™ |
| Telemetry Heart Rate |
| ZoneTrainer™ |
| RESISTANCE |
| 20 Levels/Electromagnetic |
| WEIGHT |
| 121 lbs. |
| DIMENSIONS (LxWxH) |
| 40" x 22" x 56" |
| RESIDENTIAL WARRANTY |
| Lifetime frame |
| 10 years mechanical parts |
| 5 years electronic parts |
| 1 year labor |
| COMMERCIAL WARRANTY |
| Use profile: no fees facility |
| 5 years parts |
| 1 year labor |

KEY FEATURES

Multi-position handlebars provide a variety of grip options for all users

Low profile shroud allows easy on/off access

Quick and easy seat height adjustment

Padded oversize seat enhances comfort

Fore and aft seat adjustment for proper knee alignment while riding

Options include: entertainment screen bracket and seat adaptor that allows users to attach their own bicycle seat



The C521u features a state-of-the-art dot matrix display with CardioAdvisor™ for accurate heart rate feedback. Multiple programs keep workouts fresh.



Warranty effective 08.01.10. May be subject to usage limitations.